25/03/2023

Dear Parents,

Greetings from Christ School Cbse!

Kindly find the attached document, Leadership Training Programme organised by Universal Solidarity Movement in Indore for the students of Grade 7,8 & 9. Those who are interested to send your ward for the same, kindly go through the details and contact school office on or before 27th March 2024.

Regards,

Christ School Office

Bengaluru

Leadership Training Programme in Indore for students of STD 7, 8 & 9

Resource Person: Fr. George & Ms. Susan

About the Training Programme:

The movement is based on the spiritual foundations of all the world religions. The vision statement is inspired by some of the unique and positive values of these religions.

FIVE PATHS FOR PERSONAL TRANSFORMATION:

What makes USM different from many organizations and movements is its emphasis on the personal transformation of its members before they venture into activities for social transformation. The members are asked to practice the principles before preaching them to others. The conscious practice of the Five Paths for Personal Transformation is mandatory for all members. These are:

- 1. Pray daily for peace and forgiveness to be agents of peace and reconciliation.
- 2. Skip a meal a week to express solidarity with the hungry and contribute the savings to the poor and needy.
- 3. Do a good deed a day without any selfish motive to develop loving concern for the nation.
- 4. Honor parents, teachers, and all human beings.
- 5. Respect the earth and save its resources.

10 POINT ACTION PROGRAMME FOR SOCIAL TRANSFORMATION:

The movement addresses issues affecting the lives of citizens and takes up constructive action programs. This is called the 10-Point Action

Program for social transformation. Members and groups take up these action programs with the purpose of transforming society. Through these activities, children and animators develop sensitivity to the needy and concern for the common good. The 10-Point Action Programs are as follows:

- 1. Enlightened Leadership: Activities for developing leaders with character and competence.
- 2. Empowering Women: Activities for enhancing respect for women and seeing them as equal in all spheres of life.
- 3. Caring and Sharing: Activities for expressing concern for the needy and less privileged and sharing resources with them.
- 4. Art and Culture: Activities for promoting the artistic and cultural ethos of the country without prejudice to the noble elements of other cultures.
- 5. Light and Life: Activities for promoting blood donation and eye donation.
- 6. Literate India: Activities for promoting literacy and education.
- 7. Green India: Activities for the promotion of tree plantation and preservation of greenery.
- 8. Clean India: Activities for promoting cleanliness and public sanitation.
- 9. Knit India: Activities for bonding Indians belonging to diverse faiths, languages, and cultures and strengthening harmony among them.
- 10. Heal India: Activities for promoting health and healing emotional wounds.

Training Amount:

The training fee is ₹7000, with half of it being covered by the management ₹3500, leaving the student responsible for the remaining half.

Additionally, travel allowances must be borne by the students. Flight charges are ₹7000/-, and train charges are ₹2000/-. Therefore, including travel allowances (₹9000/-) and training fee (₹3500/-), a student must pay around ₹12500/-.

Travel Arrangements:

We depart on the morning of the 21st April from Bangalore by flight and return to Bangalore on the night of the 28th April from Indore by train . The train arrives in Bangalore on the morning of the 30th April at 10:50 am.